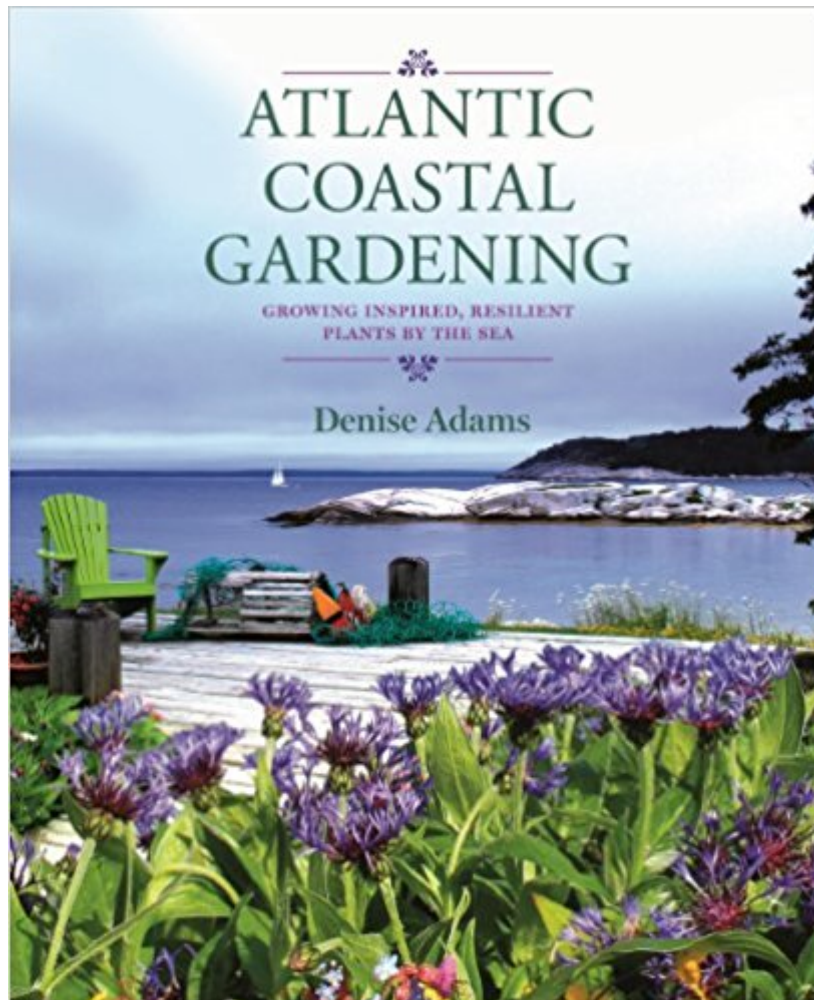




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# Atlantic Coastal Gardening: Growing Inspired, Resilient Plants By The Sea



## Synopsis

Denise Adams has had a lifetime of gardening experience at the threshold of the Atlantic Ocean. In *Atlantic Coastal Gardening* she offers personal, practical tips, techniques, and inspirational advice for creating healthy, beautiful coastal gardens. With a focus on sea-hardy flowers, vegetables, herbs, and shrubs, Adams's suggestions are accessible to both budding and blossomed gardeners. Grow with your property, with tips on which plants to purchase, grow, or avoid, and learn how to cultivate your natural surroundings to their full potential, year round. *Atlantic Coastal Gardening* includes everything from creative composting to gathering and growing seeds, simple, natural recipes for the seaside garden harvest, solutions to poor soil quality, and plenty more! Includes over 300 vibrant images of stunning coastal gardens and scenery on Nova Scotia's South Shore.

## Book Information

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## Customer Reviews

Denise Adams holds a Master of Arts and Art Education from the Nova Scotia College of Art and Design. More recently, she has worked as a survey assistant, and these days her main occupation is in custom coastal home design and landscaping consultant for the area of St. Margaret's Bay, Nova Scotia.

Great pictures and interesting chapters. Gives you a great perspective on gardening in maritime Canada. Includes a list of plants the author has found grow well in that area.

Atlantic Coastal Gardening by Denise Adams, Nimbus Publishing 2014, 231 p. Definitely Denise Adam's book is not exclusively a stylish edition with breathtaking garden showcases, nor a practical guide plenty of advices. The reader will find all in one and even more. It is an inspiring book where Adams shares her love to maritime nature and her passion for gardening. Richly illustrated with beautiful photos arousing aesthetic emotions, her book advocates not only for the resilient native plants but also for the integration of gardens into the maritime natural landscape. Harmony gets its full sense as Adams gives - as praise of diversity - "tips and tricks" how to cultivate flowers and trees, how to raise vegetable and herbs, or how to use seaweed ... Composting advices or cooking recipes are also part of Adams's sharing experiences. Her book is therefore not just a manual of coastal gardening but also a pleasure for the eyes, palate and sense of smell. Th.- Huyen Ballmer-CaoCa-Indian Harbour

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